



CHILD INTERVENTION FOR LIVING DRUG-FREE (CHILD):

Comprehensive Assessment of Risk, Resilience and Experience (CARRE)

Introduction

This tool is the first one created to assess detailed information about children in terms of substance use behavior and other life domains of functioning that may need treatment. The children's life domains examined include: physical health status, school adjustment, vocational status, family function, peer relationship, substance use, psychiatric status, leisure and recreation activity, and legal situation.

This assessment is only one part of a three-part process:

- Part 1: Screening instruments identify the potential presence of a substance use disorder as a first step toward a comprehensive assessment.
- Part 2: This comprehensive assessment instrument provides detailed information about substance use behavior and domains of life functioning. Such an assessment provides a guide to which life areas are in need of treatment.
- Part 3: Preparation and implementation of a comprehensive, integrated, problem and solution focused treatment plan.

This tool can be used for two purposes:

1. To determine the severity of needs in various life domains that can benefit from treatment and help with treatment planning
2. To measure the progress made in the treatment of the child with substance use behaviors. It provides a standardization of the assessment that will enable the comparison of behavior change within the child and between children and programs.

This tool can only be administered by trained individuals:

Only individuals who have been trained on the use of the tool by a credentialed trainer can administer it. The interviewer must understand the intent of each question- proper training allows for this education. The interviewer **MUST** be personable and supportive - capable of forming good rapport with all types of children. The interviewer must be able to help the child separate the problem areas and to examine them individually using the questions provided. The interviewer must understand the intent of the questions in the interview and the commitment to collecting the information in a responsible manner.

The tool can only be administered as an interview:

- It cannot be used as a self-report tool. The interview allows good rapport to be established with the child and for any unclear questions to be resolved and re-phrased with the child.
- This tool captures the minimum information needed to evaluate the nature and severity of a child's treatment problems at treatment admission and at follow-up. For this reason, it is encouraged the addition of particular questions and/or additional instruments in the course of evaluating children.

Other tips:

- Each question does not need to be asked exactly as stated, use words appropriate to the particular child and record added information in the "Comments" sections.
- The child may have short attention spans. Thus, breaking the assessment into parts collected over several days is acceptable.
- Fill in as much information as you can in order to reduce the burden on the child.
- If a child answers a question with inaccurate information; record his or her answer and make a note in the "Comments" with the information you know to be correct.
- Items to have with you:
 - A Calendar showing the days and weeks in the month before and the current month
 - Food and water for the child to consume
 - The CARRE Scale

CHILD INTERVENTION FOR LIVING DRUG-FREE (CHILD): Comprehensive Assessment of Risk, Resilience and Experience (CARRE)

Interviewer name:

Site/Program name, city, and country:

Child Name (**DO NOT INCLUDE IN DATABASE**):

G1. Child ID:

G2. Date of Interview (DD-MM-YYYY) format:

G3. Ask child if they know her/his data of birth. If not, check here and leave below boxes blank:

Date of birth:

G4. Sex: Male Female Transgender Non-binary

G5. Ask the child if she/he has a permanent place they live or call home. (1=Y/0=N)

IF yes then.....

G6. How long has the child lived at this address (Fill in Days **ONLY**)?

Days

INSTRUCTIONS

1. Leave no blanks. Where appropriate code items:

1-Yes 0-No N-Question not applicable Z-Question not answered

2. Use only one character per item. Space is provided after sections for additional comments.

SEVERITY RATINGS The severity ratings are based on the considered judgment on the part of the interviewer of the child's need for additional treatment in each area. The scales range from 0 (no treatment necessary) to 9 (treatment needed to intervene in life-threatening situations).

Each rating is based upon the child's history of problem symptoms, present condition and subjective assessment of the child's treatment needs in a given area.

F6. Have you ever been a member of a gang (1=Y/0=N)?

F7. How many days in the past 30 did you participate in sports or other recreational activities with others?

F8. How many close friends do you have?

F9. How many of these friends use alcohol or drugs?

COMMENTS FOR LEGAL STATUS

Which of these issues have you seen happen with members of your family? (1=Y/0=N)

Relationship	A-Alcohol use-get drunk	D-Get high on drugs	T-Cigarette smoker	W-Work all the time	G-Gamble	C-Suicide	M-Mental illness	V-violence
F10. Mother								
F11. Father								
F12. Brother/Sister								
F13. Aunt/Uncle								
F14. Grandmother/grandfather								
F15. Yourself								
F16. other people Specify _____								

V-Yells a lot at another, pushes and shoves in an argument, hits someone in the family

F17. How many siblings do you have?

F18. Have you had times when you have experienced serious problems getting along with:

Relationship	0-No	1-Yes
Mother		
Father		
Brothers/Sisters		
Other family member		
Friends		
Neighbors		
Teachers		
<u>Mentor (coach, faith leader)</u>		
Other, specify: _____		

F19. How much do members of your family support and/or help one another (0-4)? (use the CARRE scale)

F20. How much do members of your family fight and/or have conflicts with one another (0-4)? (use the CARRE scale)

F21. How much do members of your family participate in activities together (0-4)? (use the CARRE scale)

F22. How much are you able to confide in your parents/caretaker (0-4)? (use the CARRE scale)

F23. How much are you able to express yourself and be heard in your family (0-4)? (use the CARRE scale)

INTERVIEWER SEVERITY RATING:

F24. How would you rate the child's need for family and/or social counseling (0-9)?

PSYCHIATRIC STATUS

How many times in your life have you:

P1. Have you ever taken medications to treat your mental problems? (1=Y/0=N)

	Never 0	Once 1	A few times 2	Many times 3
P2. Felt very sad, and had a sense of hopelessness?				
P3. Felt very tense, uptight, and unreasonably worried?				
P4. Saw things or heard voices that others did not see or hear?				
P5. Had trouble understanding, concentrating, or remembering?				
P6. Cut self in some way?				
P7. Harmed self in some way?				
P8. Thought seriously about suicide?				
P9. Attempted suicide?				

Interviewer Severity Ratings:

P10. How would you rate the child's need for psychiatric treatment? (0-9)

TYPICAL DAY

What kind of things would a Child like to do if he or she was not using drugs?






Read the entire list of activities to the child and have her/him select at least five things that she/he likes to do.

Activity	1-Yes 0- No	Activity	1-Yes 0- No
Physical Activity		Indoor activities	
Swim		Cook	
Exercise		Read	
Play Football		Computers	
Boxing		Watch TV	
Play sports		Play video games	
Martial arts (karate, etc.)		Chess	
Play outside		Pinball	
Creative Arts		Watch a movie	
Draw or paint		Go to the movies	
Listen to music		Go to arcades	
Crafts		Go out to eat/to a cafe	
Make things out of clay		Go to a museum	
Carpentry/furniture making		Make clothes	
Dance		Other Activities	
Learn magic tricks		Go camping	
Drama or acting		Go fishing	
Circus		Religious activities	
Photography		Other	
Singing/Choir			

LIST OF COMMONLY USED DRUGS:

Alcohol:	Beer, wine, liquor, grain (methyl alcohol)
Cannabis:	Marijuana, Hashish, Pot, Bango Igbo, Indian Hemp, Bhang, Charas, Ganja, Mota, Anasha
Inhalants:	Nitrous Oxide (Whippits), Amyl Nitrite (Poppers), Glue, Solvents, Gasoline, Toluene, Etc.
Barbiturates:	Nembutal, Seconal, Tuinal, Amytal, Pentobarbital, Secobarbital, Phenobarbital, Fiorinal, Doriden, etc.
Sed/Hyp/Tranq:	Benzodiazepines = Valium, Librium, Ativan, Serax, Tranxene, Dalmane, Halcion, Xanax, Miltown, Other = Chloral Hydrate, Quaaludes
Cocaine:	Cocaine Crystal, Paco, Pasta Base, Free-Base Cocaine, Crack, Rock, etc.

Amphetamines:	Monster, Crank, Benzedrine, Dexedrine, Ritalin,
Stimulants:	Preludin, Methamphetamine, Speed, Ice, Crystal, Khat
Heroin:	Smack, H, Horse, Brown Sugar
Opiates:	Opium, Fentanyl, Buprenorphine, pain killers - Morphine, Dilaudid, Demerol, Percocet, Darvon, Methadone, Dolophine
Hallucinogens:	LSD (Acid), Mescaline, Psilocybin (Mushrooms), Peyote, PCP, MDMA, Ecstasy, Angel Dust

CARRE Scale	
	Not at all (0)
 0	Slightly (1)
	Moderately (2)
	Considerably (3)
	Extremely (4)

For the purpose of this interview, severity will be defined as need for treatment where there currently is none; or for an additional form or type of treatment where the child is currently receiving some form of treatment. These ratings should be based upon reports of amount, duration, and intensity of symptoms within a problem area.

The following is a general guideline for the ratings:

- 0-1 No real problem, treatment not indicated
- 2-3 Slight problem, treatment probably not necessary
- 4-5 Moderate problem, some treatment indicated
- 6-7 Considerable problem, treatment necessary
- 8-9 Extreme problem, treatment absolutely necessary

It is important to note that these ratings are not intended as estimates of the child's potential benefit from treatment, but rather the extent to which some form of effective intervention is needed, regardless of whether that treatment is available or even in existence.

