



Israel Authority
for Prevention of
**Violence, Alcohol
and Drug Abuse**

Community Safety



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Empowerment and
advancement

Gender Specific Treatment For Women Services in Israel

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❖ Different way of view





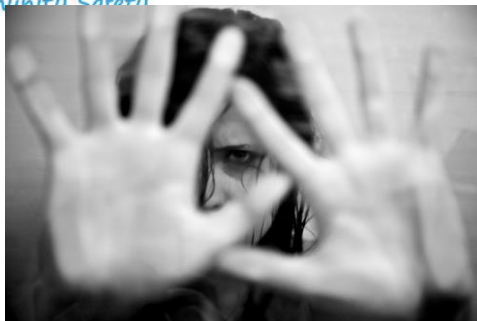
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Stigma?

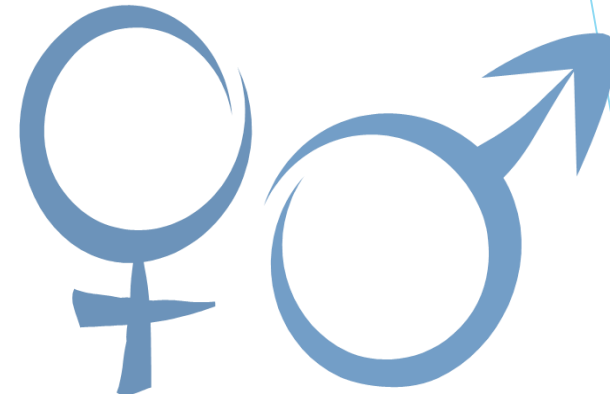


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Gender Differences

- ❖ Shame and Stigma
- ❖ Physical and sexual abuse
- ❖ Relationship issues
- ❖ Fear of losing children
- ❖ Fear of losing a partner
- ❖ Needs partner permission to obtain treatment



Gender Differences

- ❖ Women use drugs for **self medication** against the unbearable pain of past traumas
- ❖ Women tend to **suffer more** from depression, anxiety and eating disorders
- ❖ Addicted women have a **tendency** to feel shame, guilt and low body self esteem
- ❖ Addicted women have **lower expectations** of their lives, and they are concentrated mostly on survival

Gender Specific Needs

- ❖ Medical care
 - ❖ Special psychiatric care
 - ❖ Personal plan that includes all aspects of rehabilitation
 - ❖ Most of all: separate treatment for “women only”
- ▶ **The mission is:** separate group and space, for women, in every program paid by government.

Women- Centered Treatment

Each Women needs an opportunity to:

- ❖ **Acknowledge** that she has an addiction
- ❖ Create a **connection** with other women
- ❖ Obtain an accurate diagnosis (through assessment) and appropriate medication, when necessary, for any co-occurring disorder
- ❖ Understand the **impact** of alcohol and other drugs on the **female body**
- ❖ Understand the connection between trauma and addiction
- ❖ Have a wide selection of clean-and-sober coping skills
- ❖ Have a recovery plan
- ❖ Have her basic needs addressed
 - shelter, food, transportation, childcare, literacy, employment, etc.



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Holistic Treatment Model Health Based

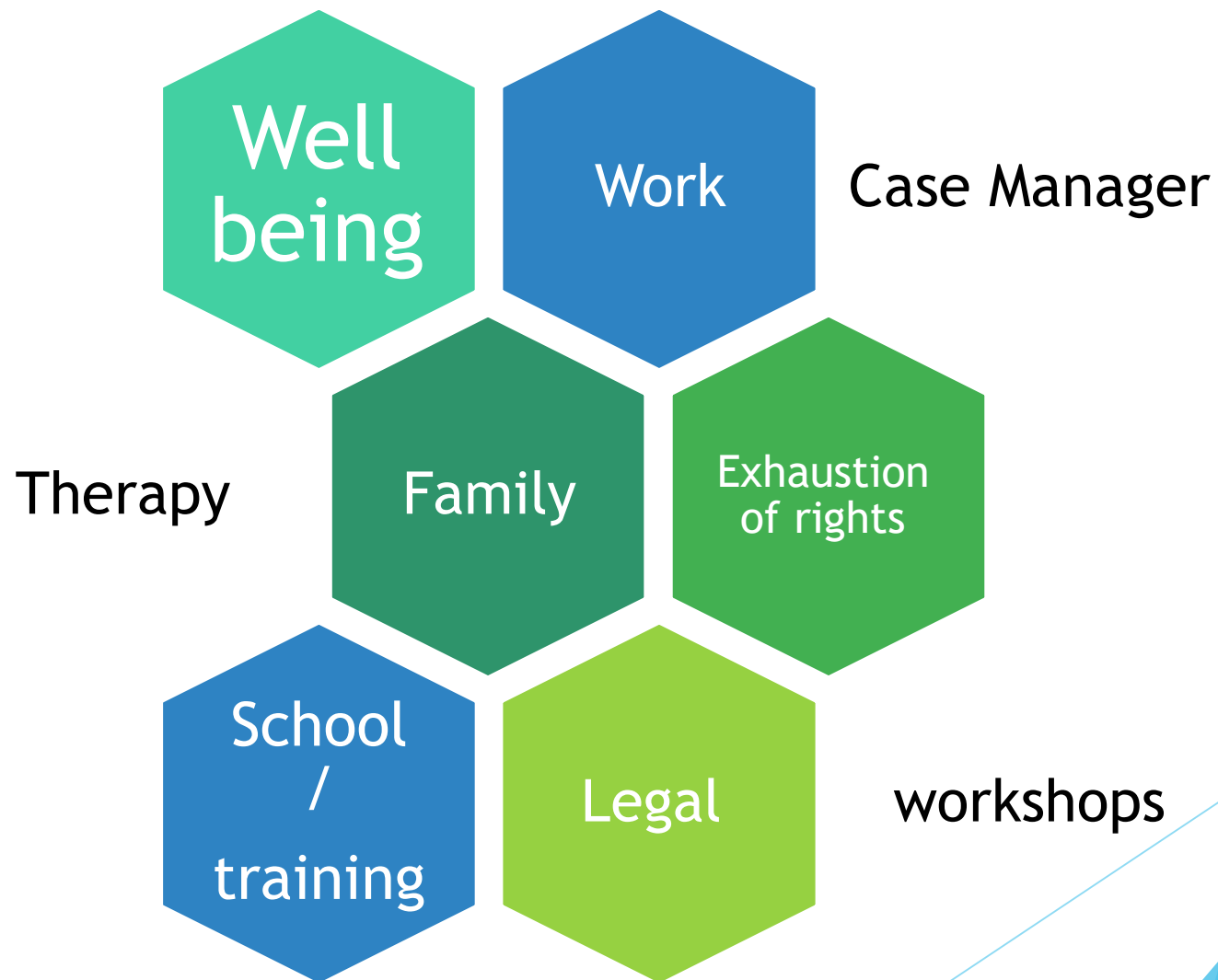


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Aspects of Rehabilitation

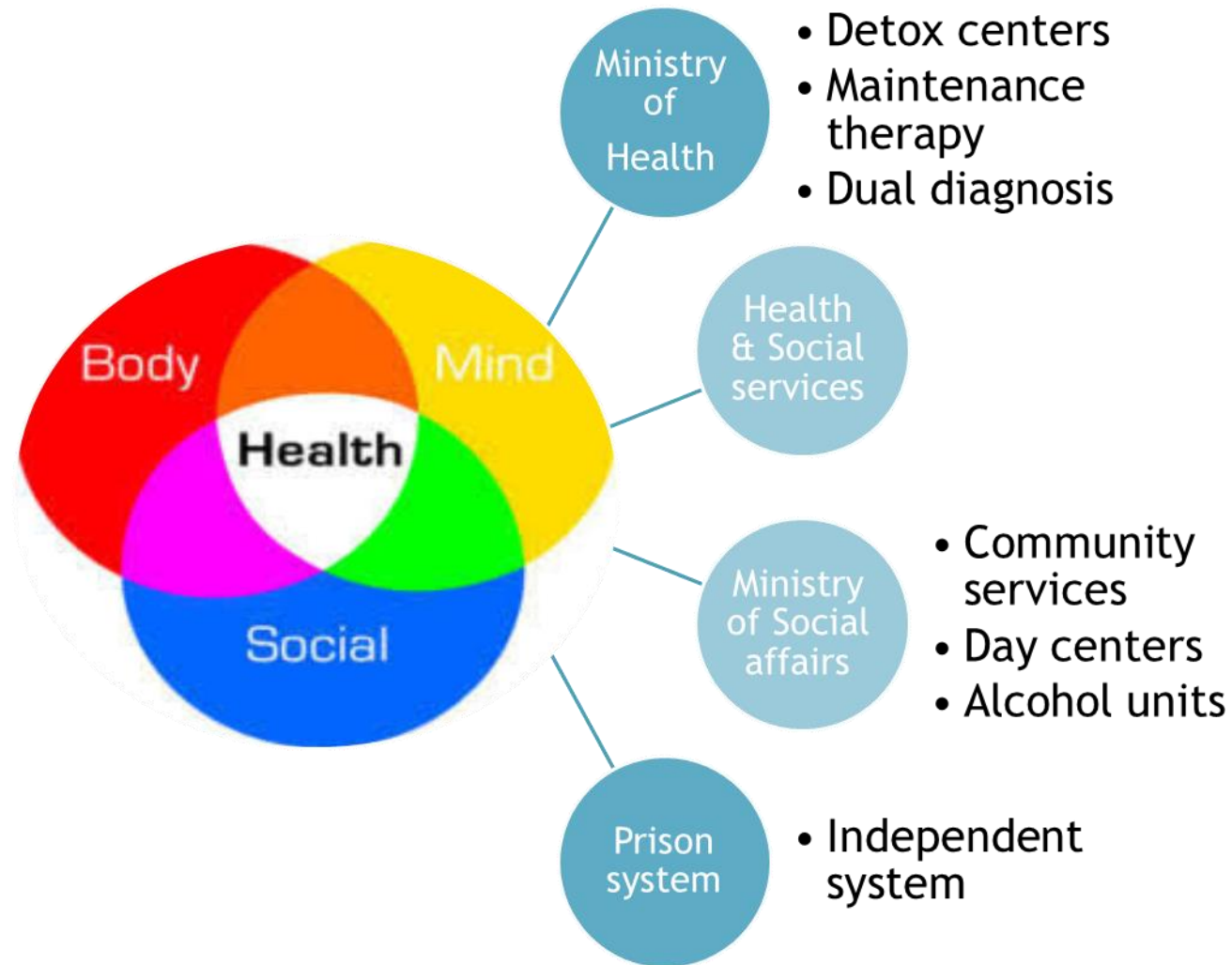




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Treatment Services in Israel



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Women Program in Israel



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Detox



Therapeutic
community



Ambulatory
services



Dual
Diagnosis



Harm
Reduction



Detox centers

- ❖ “Ella”- Retorno- teenagers and young woman's 3 month treatment
- ❖ “Letchidech”- by your side- 42 days treatment
- ❖ “Derech Ariela”- 30 Days (max)
- ❖ Nika Israel- 30 Days (max)

Therapeutic Community

- ❖ Women Only- 2TC + DD-TC
- ❖ Women and men together-
 - Special population:
Dual diagnosis and Back packers
- ❖ 7 TC for men and women
- ❖ 1 Tc for men only
- ❖ Moms and children- **closed**





Regional Units and Care Centers Ambulatory

- ❖ Regional units
 - Men up to 2 years
 - women up to 4 years
- ❖ Daycare Centers
 - 6-9 month

Dual Diagnosis

Women only services

- ❖ Women division-
Psychiatric hospitals,
new service
- ❖ Hostels and housing.
- ❖ TC- separate unit -
Shiluv.

Men and Women Together Services

- ❖ Detox center
- ❖ 4 units in Psychiatric
hospitals
- ❖ 5 Ambulatory units
- ❖ 2 TC
- ❖ Hostels and housing

Harm Reduction Programs

- ❖ First Step
- ❖ Needle Exchange program- 5 centers

Women can get service in
“women only” times or with men



Maintenance Therapy Substitute Treatment (Buprenorphine, Methadone)

- ❖ 12 Centers
- ❖ 2 mobile units
- ❖ Women only service in the centers
- ❖ Activities together and separate



Prison Treatment Services

- ❖ All women in the same prison- teenagers and adults, before and after trial, different severity of crime
- ❖ Women are 1.3% of prisoners
- ❖ Moms can be with children (till 2 years old only). There is no separate wing for mothers and children
- ❖ 40% are drug addict and only 30% (from 40%) are in treatment
- ❖ 65% start using drugs before doing criminal act.

Common offenses among women

Criminal offense	women	man
violence	17%	16%
property	16%	14%
drugs	13%	11%

Prisoner Rehabilitation Authority Halfway house

- ❖ 10 women
- ❖ 1 year program
- ❖ Day and evening treatment center for women in the community
- ❖ Treatment program include: therapy groups, job club group, N.A, and various groups as: drama, handcrafts, art, life skills and more.



Women in Prostitution Cycle

- ❖ Women to women
- ❖ Different centers for different population
- ❖ Tel Aviv- Saleet- **rock / stones**
- ❖ Haifa- Ofek Nashi- **women's horizon**
- ❖ Beer Sheba- Bishvilech- **for you**





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N.A, A.A, 12 Steps

- ❖ Mix groups
- ❖ Group only for women -
national wide



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ELEM- Youth in Distress

Established 1985

- ❖ Working for youth and raising awareness of their distress
- ❖ ELEM Provides youth and young adults with unique programs
- ❖ Program for teenagers in prostitution
- ❖ Homeless young adults (18-24) living in the street.
- ❖ “Real Home” program for young women and teenagers (14-26)





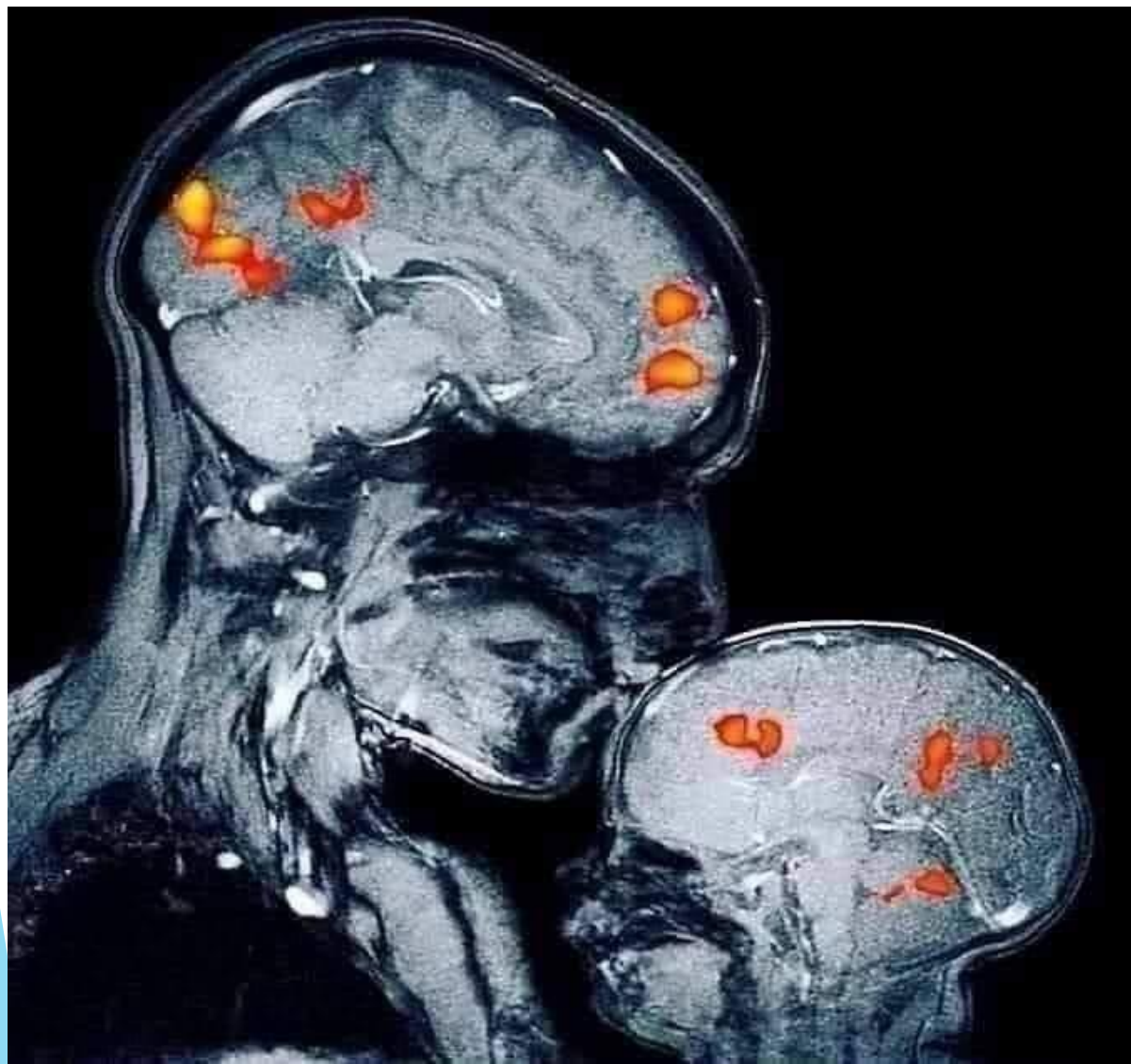
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MRI- A Mother and Her Baby



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This MRI image shows researcher Dr Rebecca Saxe caressing her baby, with the brain regions responsive to faces lit up. The image was created by MIT researchers have found that the brains of babies as young as four months old process vision much like adults do.



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Thank you

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”THE FIRST STEP
TOWARDS GETTING
SOMEWHERE IS TO
DECIDE THAT YOU ARE
NOT GOING TO STAY
WHERE YOU ARE.”

UNKNOWN